



- A)** Vertical distance from floor to underside of a flat object resting on top of saddle (i.e. a book or other flat object).
- B)** Vertical distance from floor to centre of handlebars (measured close to stem with bike vertical)
- C)** Distance from front tip of saddle to centre-point of handlebars. The gap of the stem clamp can be used.
- D)** Saddle setback. This can be easily measured using the 90 degree external corner of a flat wall or just a square post as shown in the pictures in the detailed explanation.

Current Bike and Size: We also require the size and make of your current bike as this can be helpful in determining the correct fit for you.

If you are having difficulty your local bike shop or an experienced cycling friend should be able to help or read the detailed instructions here:
<http://www.bikestyletours.com/bst/wp-content/uploads/Simple-Bike-Measure.pdf>